



Medical Expeditions Altitude Symposium (30th November 2012)
&
Mountain Medicine and High Altitude Physiology Course (1st to 3rd December 2012)

Oxford Altitude Symposium details

Organiser: Dr Annabel Nickol, University of Oxford in Association with Medical Expeditions

This informal one-day symposium will be held in the Department of Physiology at the University of Oxford. It provides the opportunity for presentations and discussion of the latest research in high altitude medicine/physiology and hypoxia, and includes an evening talk by a guest speaker and buffet dinner. The meeting is aimed at both clinicians and basic scientists interested in these rapidly developing areas.

Abstract submission is welcomed for oral or poster presentations. Details can be obtained from www.medex.org.uk or cc44@le.ac.uk

Cost: £80 for whole day, evening reception, talk and dinner
A limited number of half-price student places will be available, with proof of status

Mountain Medicine and High Altitude Physiology Course details

Organiser: Dr Peter Barry, University of Leicester in Association with Medical Expeditions

This Course will be held at the National Mountain Centre, North Wales (Plas Y Brenin) and is based on previous Courses in Mountain and High Altitude Medicine held since 1993. The course is aimed at doctors interested in altitude, wilderness and travel medicine (GP's, travel and sports medicine doctors, physiologists etc).

Issues covered include: recognition and treatment of common medical problems in the wilderness on mountains including a systematic review of physiology at altitude, pathology and management of altitude induced illness; chronic mountain sickness; mountain sports psychology; hypothermia and frostbite; management of musculoskeletal injury in the wilderness; rock climbing injuries; remote dentistry; skin problems; mountain rescue; expedition planning; medical kits; and other travel and mountain medicine related issues.

Amongst the UK and International Speakers are: John West, Jim Milledge, John English, Jean-Paul Richalet, David Hillebrandt, George Rodway, Brownie Schoene, Rachel Bishop, Jim Litch, Rob Roach and Erik Swenson.

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| Cost*: | Delegate Rate: | £550 with accommodation, £485 without accommodation |
| | Current UIAA Diploma Holders: | £440 with accommodation, £375 without accommodation |
| | Student Helpers (limited to 10 places) | £250 with accommodation, £185 without accommodation |

*Certain reductions and student helper fees are available. Full details on the application form.

Costs include a copy of the latest edition of High Altitude Medicine and Physiology by West, Schoene and Milledge. All catering is included and accommodation will be at the National Mountain Centre.

PGEA and CPD approval will be sought

Details of both events can be obtained from:
www.medex.org.uk or Cc44@le.ac.uk

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