

HOLDERS OF THE UK UIAA/ICAR/ISMM

DIPLOMA OF MOUNTAIN MEDICINE

Administered by

MEDICAL EXPEDITIONS

Candidates are listed in order of award of the Diploma and the sequence has no relevance to experience or expertise.

0001 Dr Jim Milledge Hon Diploma Awarded PYB course Dec 2003 with full approval of UIAA Med Com. Faculty DMM

Home: 137 Highfield Way Rickmansworth Herts WD3 7PL Tel: 01923 774010

e-mail: jim@medex.org.uk

Retired Respiratory Physician. Hon. Prof. Centre for Space and Extreme Environmental Medicine, UCL. Past President Int. Soc. Mt. Med. Hon. Medical Advisor BMC. Corresponding member UIAA Med. Com. An interest in mountain medicine and physiology for 55 years. Author of numerous papers and, with friends, of the standard textbook on the subject. Available for lectures, teaching and clinical opinion in the field.

0002 Dr David Hillebrandt. Awarded 1/1/2004. Faculty DMM.

Derriton House, Derriton, Holsworthy, Devon. EX22 6JX. Tel: 01409 253814 E Mail

dh@hillebrandt.org.uk . Semi “retired” GP. Interest in Prehospital Care & Travel

Medicine. BMC Hon Medical Advisor. UIAA Medcom retired President, now VP.

ISMM Vice President, BMG Hon Medical advisor, Medical Advisor to Jagged Globe,

UK frostbite advice service. Member: BASICS, BMC, Alpine Club, Climbers Club,

Eagles Ski club. Experience of expedition mountaineering, sea cliff climbing, ice

climbing, ski mountaineering and travel medicine. Available for lectures, teaching,

advice and clinical opinion.

0003 Dr Piotr Szawarski FRCA, MSc Infectious Diseases, EDIC,

DipMtMed(UIAA). Awarded 3/3/04. Faculty DMM. London Based. Consultant

Intensive Care Medicine and Anaesthesia. Interests: Expedition and altitude medicine.

piotr.szawarski@gmail.com

0004 Dr Brian Tregaskis, Awarded 13/9/04. Faculty DMM. Consultant Physician,

Belford Hospital, Fort William, Scotland. Doctor to the Lochaber Mountain rescue

Team. Medical Officer Scottish Mountain Rescue

medicalofficer@scottishmountainrescue.org . General Mountaineering Interest.

Available for advice in Fort William & Glencoe areas. E Mail: btregaskis@nhs.net

0005 Dr Kyle Pattinson, Awarded 3/9/04. Faculty DMM.

0006 Prof Chris Imray. Awarded 13/9/04. Faculty DMM. Vascular, Transplant and General Surgeon at Warwick Medical School with specific interest in frostbite, non-freezing cold injuries and AMS. General Mountaineering interest. Deputy climbing leader of the Caudwell Xtreme Everest Medical Research Expedition. Author of numerous papers and chapters on both frostbite, NFICI and cerebral perfusion. PhD on cerebral perfusion in the hypoxic and ischaemic brain. Available for lectures, teaching, advice and clinical opinion.

Runs with Dr David Hillebrandt, Dr Paul Richards the BMC internet frostbite service: <http://www.thebmc.co.uk/Category.aspx?category=19>

Member: Alpine Club, Climbers Club, BMRES, CASE.

E Mail: chrisimray@aol.com Website: www.christopherimray.co.uk

0007 Dr Andrew Knight. Awarded 13/9/04. Faculty DMM. GP Herefordshire. Broad experience of rock climbing, general mountaineering, ski touring and trekking. Some experience of expedition medicine. Available for general medical advice on travel to wilderness and high altitude areas and for clinical opinion. Experience of soft adventure trekking with children and adolescents.

E Mail: and.kni@tiscali.co.uk

0008 Dr Jon Dallimore. Awarded 21/9/04. Faculty DMM.

0009 Dr Matthew Litchfield. Awarded 17/11/04. Faculty DMM.

Home: Amelia House, 19 Cavendish Crescent South, Nottingham, NG7 1ED.

E mail: mattlitchfield@doctors.org.uk . Tel: 0792 953 9832. GP Registrar (with climbing breaks). UK summer and winter climber with Alpine and Himalayan experience. Available for advice, lectures, teaching or climbing.

0010 Dr Catherine Farrow. Awarded 17/11/04. Consultant in Anaesthetics/ICU, Bradford Royal. Interests: General mountaineering, fell running, mountain marathons, endurance events. Has worked for NZ flying doctor service.

E Mail: cazzafarrow@doctors.org.uk

0011 Dr Robert McGregor. Awarded 17/11/04. Consultant Anaesthetist with interest in acute pain management. Experience in Alpine Mountaineering and UK summer and winter climbing. Eastbourne District Hospital. E mail:

robert.mcgregor@doctors.org.uk

0012 Dr RIP Dornan. Awarded 24/11/04.

0013 Dr Juergen Klein. Awarded 24/11/04. Faculty DMM.

0014 Dr Laurie Tomlinson. Awarded 9/12/04

0015 Dr Andy Clark. Awarded 12/2004. Faculty DMM. GP NE England. Active Mountaineer, climber and skier at home and abroad. Advice and consultation given to individuals and groups. Contact: 10 Hill Meadows, High Shincliffe, Durham, DH1 2PE. E mail: andy.clark@doctors.org.uk . Tel: 07885 543674.

0016 Dr Nicholas Mason. Awarded. 12/2004. Faculty DMM.

0017 Dr Catharine Wilson. Awarded 12/2004. Faculty DMM. Consultant Paediatric Anaesthetist. Sheffield. E Mail: kate@medex.org.uk .

0018 Dr Gerald Dubowitz. Awarded 12/2004. Faculty DMM.

0019 Dr Mike Brookes. Awarded 16/6/05. Faculty DMM. Interests in medicine in hazardous environments (altitude, hyperbaric, underground, remote access, desert and arctic). Offers tailor made advice and instruction in all aspects of medical support including command and control and logistics. Based in North Yorkshire. E Mail: mike.brookes@gp-b82622.nhs.uk

0020 John Dick. Awarded 11/7/05. London based Consultant Anaesthetist and member of Centre for Aviation, Space and Extreme Environment Medicine (www.case.ucl.ac.uk) Interests include expedition medicine, trauma management and high altitude physiology. E Mail: johndick99@hotmail.com

0021 Dr John Higgle. Awarded 16.9.05.

0022 Dr John David Keitz Awarded 16.9.05. Practices Emergency Medicine and is located in the USA. Interests include rock climbing and high altitude mountaineering. Available for questions, lectures and as expedition physician. E Mail: davidkeitz@yahoo.com

0023 Dr Annabel Nickol. Awarded 11.11.05. Faculty. Consultant in Respiratory Medicine, Sleep and Ventilation Lead, Oxford Centre for Respiratory Medicine. Running a research programme investigating pulmonary responses to hypoxia. Chairman of Medical Expeditions (www.medex.org.uk). Contact: Oxford Centre of Respiratory Medicine, Churchill Hospital, Oxford OX3 7LE. Tel: 0779 356 3358. E Mail: annabel.nickol@ndm.ox.ac.uk

0024 Dr Paul Richards. Awarded 24.11.05. Faculty DMM. GP Essex Based. Fellow Faculty Travel Medicine RCPSG. Director Medical Expeditions. Interests –Altitude, Expeditions, Travel Medicine, Wilderness and Austere Medicine, Diabetes in remote environments, Frostbite and Off Grid Power Systems. paul@medex.org.uk

0025 Prof Mike Grocott. Awarded 25.11.05. Faculty DMM until Jan 2014. E Mail: mike.grocott@soton.ac.uk . Work: Professor of Anaesthesia and Critical Care Medicine, Head of Centre for Human Integrative Physiology, University of Southampton. Consultant in Perioperative and Critical Care Medicine, University Hospital Southampton NHS Foundation Trust. Executive chair, Xtreme Everest Oxygen Research Consortium; Expedition Leader of 2007 Caudwell Xtreme Everest

Expedition (www.xtreme-everest.co.uk) and co-director, UCL Centre for Aviation, Space and Extreme Environment Medicine (www.case.ucl.ac.uk). Interested in high altitude expedition mountaineering and understanding human responses to low oxygen levels. Medex Member. Available for lectures, teaching, advice and clinical opinion

0026 Dr Morne Pienaar. Awarded 25.11.05. Special interests in acute medicine, endurance events and sports medicine. Qualified in South Africa. Based in Queenstown, New Zealand. E mail: Morras_76@yahoo.com .

0027 Dr Isabel Syndikus. Awarded 25.11.05. Consultant Clinical Oncologist, Clatterbridge Centre for Oncology, Bebington, Wirral, Merseyside. Special Interest in Rockclimbing and Ski Mountaineering. Available for advice and lectures. E Mail: Isabel.syndikus@nhs.net .

0028 Dr Jan Richards. Awarded 25.11.05.

0029 Dr Anne Radford. Awarded 25.11.05.

0030 Dr Anthony Kehoe. Awarded 25.11.05.

0031 Dr Alice Murray. Awarded 17.12.05. Email: alicefmurray@gmail.com
Emergency Medicine SpR in Edinburgh. Was in Pheriche Spring 2006. Spent a year in Boston Massachusetts on an Emergency Medicine Ultrasound Fellowship. Interests in high altitude expeditions and research

0032 Dr Will Jones. Awarded 28.12.05

0033 Dr Niall van Someren. Awarded 17.01.06.

0034 Dr Pete Davis. MRCGP, FACEM. Dip IMC. Awarded 10/2/06. Faculty DMM. Consultant in Emergency Medicine with Defence Medical Services & Southern General Hospital, Glasgow. G51 4TF. Tel: 0141 201 1100 ext 1268. Special Interests: Mountain Medicine, Prehospital emergency care & retrieval medicine.

0035 Dr Debbie Miller. Awarded 10/2/06. Faculty DMM

0036. Dr Nigel Hart. Awarded 10/2/06. Faculty DMM. GP Belfast. Interests: General Mountaineering, climbing, endurance events, experience trekking with children and teenagers. E mail: nigelhart@bigfoot.com

0037. Dr Roger McMorrow. Awarded 11/2/06. Faculty

0038. Dr Alexander Martin-Bates MBBS, BSc (Hons), MRCGP, Dip IMC (RCS Edi), Dip Mnt Med, Dip Med Ed, DTM&H Awarded Dip Mnt Med 10/3/06. Army General Practitioner, UK/Cyprus Based. Interests : trauma, pre-hospital care, remote/

tropical medicine and medical education. Keen summer and winter mountaineer (and skier) in UK and Alps. Experience on several world wide expeditions. Available for advice, expedition planning on climbing/mountaineering and remote area trips. E Mail: Bates100@yahoo.com

0039. Wing Commander Jon Naylor MB ChB MRCP RAF.

Awarded 12/3/06. Consultant in Respiratory and General Medicine, Ministry of Defence Hospital Unit, Peterborough District Hospital, Thorpe Road, Peterborough PE3 6DA. Tel: 01733 875065. Email: Jon.Naylor@pbh-tr.nhs.uk .

Interests: Expedition and high altitude medicine, aviation medicine, respiratory failure and non-invasive ventilation.

0040. Dr Anja Kuttler FRCA, DCH. Awarded 1/6/06. Consultant Anaesthetist. Medex member since 1994. Member two Medex expeds to Nepal. E Mail: annakuttler@doctors.net.uk

0041. Lt Col Mike Rodger. BSc (Healthcare Ethics & Law) MBChB (with European Studies) MSc (Orth Eng) FRCS (Trauma & Orth) RAMC. Diploma Mountain Medicine awarded 10/7/06. Consultant Trauma and Orthopaedic Surgeon, Royal Centre for Defence Medicine, University Hospital Birmingham. Expeditionary experience to desert, temperate, arctic, alpine and Himalayan regions and to Airborne Forces. Medical Officer to Everest West Ridge Expedition 2006. Faculty member. E Mail: mike.rodger@doctors.org.uk

0042. Dr Michael Schupp. Consultant Anaesthetist. Awarded 6/8/06. Address: 29B Alexandra Rd, Stoneygate, Leicester, LE2 2BB. Tel: 0797 7542309. Special interest in Cardiothoracic Anaesthesia and High Altitude Medicine. Research interest in control of breathing and sleep at high altitude. Available for advice and as expedition doctor. E Mail: mbschupp@aol.com

0043. Dr Helen Hoar. Awarded 23/1/07. Faculty.

0044. Dr Maggie Beazley. Awarded 23/1/07. Lives in Cumbria. GP in Carlisle. Interests: general/ski mountaineering. Has had experience as medical officer in high altitude research expeditions Himalaya Andes and Alps. Email; mbeazley@doctors.org.uk

0045. Dr Helen Jenkins. Awarded 23/1/07. General Practitioner, Carmarthen, South Wales. Tel 01267 267046, Email: h_jenkins64@hotmail.com Interest in expedition medicine, medical officer on many expeditions, including high altitude treks. Available for advice, lectures and as expedition doctor

0046. Dr Monica Piris. Awarded 23/1/07. E Mail: monipiri@hotmail.com .

0047. Mr Ian Buck-Barrett Dip IMC RCS (Edin). Qualified 3/2/07, Awarded 4/4/08. Based in Queensland, Australia. Interest in pre-hospital care, mountain and wilderness medicine. Military experience world wide. Available for teaching, advice and expedition support. E Mail: ianbuckbarrett@mac.com . Faculty.

0048. Dr Suzanne Boyle. Awarded 5/2/07. E mail: suzanneboyle@hotmail.com

0049. Dr Toby Jacobs. Awarded 25/2/07. Based in Bristol in Emergency Medicine. Interest in all outdoor pursuits especially general mountaineering and rockclimbing. E Mail: tobyjacobs@doctors.net.uk .

0050. Dr John Ellerton. Awarded 26/9/2007. Home: Penrith, Cumbria. E Mail johnellerton01@btinternet.com Work: General Practitioner. Additional qualifications: Diploma in Immediate Medical Care (RCSEd) 1990, Diploma in Therapeutics (Newcastle) 1999. Principal interest is Mountain Rescue. Medical Officer Patterdale MRT (1985-), Medical Officer, Mountain Rescue Council (2002-2012) & member of ICAR Medcom (2002-) Editor/Author of 'Casualty Care in Mountain Rescue' (2000 & 2006) Scientific papers on mountain rescue, analgesia, avalanche survival, and hypothermia. Mountaineering interests: mountaineering in the Alps and UK, climbing at a modest level, ice climbing Scotland & Alps. Poor skier and no expeditions! Available to lecture, teach, and give advice and clinical opinion. Faculty.

0051. Dr Ian Watson. Awarded 26/9/07. E Mail: ipmwatson@btinternet.com . Oldham based GP. Available for advice and talks in the North West.

0052. Dr Harvey Pynn. Awarded 26/9/07. Consultant in Emergency Medicine and Pre-Hospital Care. Based in Bristol. Extensive Operational Military experience. Multiple expeditions both as leader and medic to mountainous, jungle and desert terrain. Both competed and been involved in medical support to extreme sports in wide variety of environments. Extensive teaching experience. Available for advice and / or training. Contact harveypynn@hotmail.com .

0053. Dr Declan Phelan. Awarded 26/9/07. E mail: dphelan@doctors.org.uk . GP - Hackney, London. Interests: General mountaineering, ski mountaineering; fell running and endurance events. Available for teaching and advice.

0054. Dr Shirley Gover. Awarded 26/9/07. Ford Farm, Bicknoller, Nr Taunton, Somerset. TA4 4EH. E mail: shirley.gover@doctors.org.uk . Diploma of Child Health & Diploma of Pre Hospital Care. BASICS member. Interest in general mountaineering.

0055. Dr Theoharis Sinifakoulis, PhD. Awarded 26/9/07. Physician based in Greece. Address: Alexandras Avenue 46, GR 114-73, Athens, Greece. Tel: 00306944468725. Fax: 0030 2108819667. E mail: sinifakoulis@medex.org.uk . Available for teaching/ lectures, advice and expedition support.

0056. Dr Juliette Kemp. An Awarded 15/10/07 Anaesthetic consultant in Hampshire and medical advisor for Mountain Expeditions adventure company. Continue to love fitness, climbing and ski touring. Very happy to contribute to course faculties if in need. Interests: Alpine climbing and altitude physiology. Available for lecturing. E Mail: juliette@medex.org.uk .

0057. Dr Oliver Kemp. Interests: mountaineering & high altitude and available to teach/lecture. E mail: oliver.richard.kemp@gmail.com . Awarded 15/10/07.

0058. Dr Martijn Groenendijk, Consultant pulmonologist-intensive care doc at the ITU of the " ' Lange land Ziekenhuis" in Zoetermeer with interest in worldwide mountaineering and skiing. Member of the MedCom of the Dutch Mountaineering Council. Member of the workgroup high altitude physiology (hoogtefysiologie.nl). E Mail: martijn.groenendijk@gmail.com . Tel: 0031 6 42232529. Available for lectures and advice. Awarded 21/10/07

0059, Dr Jaishan Mahan, Awarded 21/10/07. Interests in Hostile Environment medicine, mountaineering, skiing and diving. MRCS Ed (A&E), MRCGP, Dip IMC RCS Edin, FRGS. E Mail: jaish@icloud.com . Available for lectures and advice.

0060. Dr Eamon Staunton, Awarded 22/10/07. General Practitioner in Hampshire. E mail: eamondoc@aol.com . Interested in expedition and travel medicine. Available for advice, talks and as an expedition medic.

0061. Dr Larry O Smith ACEP, Awarded 2/1/08. Emergency medicine physician, Mazama, Washington State, USA. Interests: High Altitude/Wilderness medicine, climbing, skiing, kayaking. Available for advice or expedition medical coverage. E Mail: larryosmith@hotmail.com .

0062. Dr Stephen Pettit PhD MRCP. Awarded 22/1/08. Consultant Cardiologist, Papworth Hospital, Cambridge. Specialist interest in advanced heart failure, device therapy, mechanical circulatory support and heart transplantation. Even happier when mountaineering, rock climbing or mountain-biking. Available for consultation and clinical advice. E Mail: S.J.Pettit@doctors.org.uk or Stephen.Pettit@papworth.nhs.uk

0063. Dr Andy Grieve, Sqn Ldr Andy Grieve MRCGP Dip IMC Dip Mtn Med FRGS. Royal Air Force General Practitioner. Currently anaesthetic CT1- Kings Hospital, London. Deployable GP, 16 Medical Regiment, Colchester. Operational and overseas expedition experience including Cyprus, Oman, Belize, India, Uganda, Nepal, and Lesotho. Advanced PADI Diver, overland, high altitude, jungle and desert medicine. Own medical kit available with governance and insurance. Available for support and teaching. awgrieve@doctors.org.uk .Awarded 25/1/08.

0064. Dr Alex Salam. MRCP, London. Specialist Registrar in Infectious Diseases & Tropical Medicine, consultant/advisor to NASA and ESA. Expertise in Polar Medicine & Space Medicine.

Email: alexsalam@doctors.org.uk .

0065. Dr Mike Greene. Awarded 11.10.8. Consultant in Emergency Medicine West Cumberland hospital, Cumbria. Doctor to Wasdale Mountain Rescue Team. Member of BASICS. Mountaineering interests include rock climbing; trekking throughout the world, ski mountaineering. Mountain expeditions to Africa, Nepal, Kashmir, china, Norway and New Zealand. Some experience as expedition doctor and travelling with young people. Mountain qualifications include: Summer ML, winter ML, SPA, MIA (Summer training) and IML (training). Available for lectures, educational activities, expedition and clinical advice. Address: Fairladies, 102 Main Street, St Bees, Cumbria, CA27 0AD. E mail: docmgreene@hotmail.com . Faculty.

0066. Dr Andrew Marsden awarded 11.10.08. North Oxfordshire based GP with general mountaineering interest. Available for advice/expedition support. email afamarsden@hotmail.com

0067. Dr Andrew Claridge MRCP. Awarded 2.1.08 Gastroenterology SpR, based in Bournemouth. contact andyclaridge@hotmail.com. Interest in luminal gastroenterology. Happy to offer advice to anyone who wishes to travel, but feel they are limited by their Gastroenterological problems.

0068. Dr Damian Wilkinson. Awarded 9.11.08. GP currently based in Christchurch NZ. Keen mountaineer and climber. Available for advice, talks and expeditions. E Mail: damianw@doctors.org.uk .

0069, Lt Col Alun Thomas, awarded 13.1.09. IML & WML Military Dental Officer. Interests in pre-hospital care, travel medicine, mountaineering, skiing and sea-kayaking. BDS (B'ham), LDS RCS (Eng), MFGDP (UK). E Mail: harryquartz@hotmail.com. Tel: 0044 7496 386387 Available for training and advice on expedition dentistry.

0070. Dr Rajiv Joshi, Awarded 30.1.09

0071. Dr Emma Smith, Awarded 30.1.09

0072. Dr Ben Warrick. Anaesthetist and A&E consultant, Interest in trauma particularly pre-hospital. Generally active outdoors, Climbing/sea kayaking/fell running/biking. Involved with teaching mountain first aid. Messak Farm, St Just in Roseland, Cornwall TR2 5JL. Tel: 07949 547603. Awarded 7.3.09

0073. Dr Paul Sydney, Awarded 19.3.09

0074. Dr Simon Flower, GP based in Bristol. Interests in caving, canyoning and climbing. Expedition doctor on numerous caving expeditions worldwide. Doctor to the Mendip Cave Rescue team. Author of Canyoning in the Alps (2012, Cicerone

Press). Available for expeditions and advice. E-mail simonfloweruk@yahoo.co.uk .
Awarded 31.5.09

0075 Matthew Alex Morgan MD DiMM FCICM MBBCh

Adult intensive care specialist Royal Prince Alfred Hospital, Sydney. Remote work in Nepal, Borneo and New Zealand. Pre hospital care in NSW. Interests now lie in medical education and simulation. E mail: Morgan88@doctors.org.uk Diploma awarded 31.5.09.

0076. James Milligan Specialist in Emergency and Retrieval Medicine with an interest in critical care. Based in Sydney, Australia. Keen climber and ski mountaineer. Available for advice, lectures or a climb! E Mail: James.milligan@careflight.org Awarded 31.5.09

0077. Dr Stewart Leitch, GP, Chester. E Mail: stew_sarah@hotmail.com (note _ between stew & Sarah). Awarded 1.6.09

0078. Dr Sven Christjar Skaiaa. MD and UIAGM Mountain Guide. Registrar in Anaesthesiology and Emergency Medicine, Oslo NORWAY. E-mail: sc@norgesguidene.no

0079. Dr Jacqueline Bennebroek. MSc, MRCP, DFFP, ATLS, APLS, ALSO. GP-Rural Practitioner with a passion for travelling and working in remote and mountainous locations. I am the medical advisor for Diverse Production Company and have experience as an expedition doctor for groups of both teenagers and adults. I am interested in the personal development of individuals in order for them to gain their true potential. Having worked in Europe, Africa, Nepal, Borneo and The Falkland Islands as both a GP and expedition doctor, I am available for advice and lectures or as an expedition doctor. Contact: j.bennebroek@yahoo.com . Awarded 26.7.09

0080 Dr Joanna Ingold MRCP. General Practitioner with interest in expedition and travel medicine. Experience as doctor for high altitude expeditions to Bolivia, Peru and Nepal. E Mail: joannaingold@hotmail.com . Awarded 11.8.09

0081 Dr Ivy Cheng. MD, FRCP, FACEM, DABEM, Dip of SM, Dip Mtn Med (UIAA) & Uni Leics MSc in Mountain Medicine. Assistant Professor: University of Toronto: Consultant Emergency Consultant: Sunnybrook Hospital Health Sciences Center, Toronto, Canada. Sports Medicine Physician: Sports Medicine Specialists. HUSAR (Heavy Urban Search and Rescue) Physician, Toronto, Canada. Locum Emergency Physician: Timmins District Hospital, Timmins, Ontario. Past Employment: Flight Physician for international repatriations, Ship Physician to Arctic and Antarctic, Consultant Emergency Physician: Austin Health, Melbourne, Australia. Base Camp Physician and Manager: North Everest 2007, DCXP, Medical Advisor: Outward Bound East. Interest: Emergency Medicine (Access Block), Sports Medicine, Wilderness Medicine, Mountain Medicine, Expedition Medicine,

Polar Medicine, International Collaboration. Research Interest: UV radiation at altitude, athletes at altitude.

Available for teaching, advice, international collaboration resource, medical expedition support. E Mail: isscheng@gmail.com . Awarded 28.9.09

0082: Dr Iestyn Carr. GP and Mountaineer based in Røros, Norway. Faculty 2009-2016. Email iestyndoc@icloud.com Awarded 08.12.2009. E mail: iestyndoc@icloud.com . Awarded 8.12.09

0083 Prof Giles Peek MD, FRCS CTh, FFICM, Dip Mtn Med. Chief of Pediatric Cardiothoracic Surgery, Children's Hospital at Montefiore, New York. NY license # 279967, GMC 3484933. Interests: Ski mountaineering, Ice & Rock Climbing, Canoe & Kayaking. Available for lectures and consultation on congenital heart surgery and ECMO for hypothermia including patients in hypothermic cardiac arrest in the North East USA. If your patient is in hypothermic cardiac arrest please call +1 646 284 8161 ideally from the scene. E Mail: gilespeek@hotmail.co.uk . Awarded 8.12.09

0084 Dr Steve Seale. Faculty. GP Cornwall. Interests: Rock-climbing, mountaineering and ski touring. Available for expeditions or advice. Previous employment in Himalaya, Greenland & Antarctica. Address: Floral cottage, Mithian, St Agnes, Cornwall. TR5 0QQ. E mail: steveseale@hotmail.com Awarded 8.12.09. Faculty.

0085 Dr Sudeb Mandal. GP Kent, interest in travel medicine. Available as Expedition doctor. E mail: sudebmandal@hotmail.com . Awarded 8.12.09

0086 Dr Anna Shekhdar MBChb FCEM DIMM. Consultant in Emergency Medicine, Treliske Hospital and Medical Advisor Cornwall Air Ambulance. Interests: Anything outdoors! Mainly skiing, climbing, surfing and adventure racing. Previous employment as expedition doctor on trekking trips to Peru, China, Iceland, Kilimanjaro and cycling down South Africa. Chief medical officer for Jungle marathon 2011. Experience of high altitude mountaineering and PADI advanced diver. Available for expeditions and advice. Address: Porthview, West Cliff, Porthtowan, Truro, TR4 8AE. Email: AnnaShekhdar@hotmail.com. Awarded 14.01.10

0087 Dr Kirsty Watson. GP Kendal. Interests: Rock Climbing and mountaineering. Available for expeditions and advice. E mail: kwatson@doctors.net.uk . Awarded 14.1.10.

0088 Dr Suzy Stokes MBChB (Hons), Fellow of the Academy of Wilderness Medicine. Co-founder of MARS (Manchester Altitude Research Society). Involved in pre-hospital care with Thames Valley BASICS scheme. Special interests in High Altitude and Remote Medicine and particularly interested in teaching/working abroad in high altitude rescue posts and as an expedition doctor. Coordinator and leader for Nepalese DiMM. Contact: suzystokes@doctors.org.uk or 07814 263092. Awarded 20.1.10.

0089 Dr Mary Claydon MRCP, DFSRH, DCH, BSc, MB BCh, Dip Mtn Med (UIAA). GP in Scottish Highlands. Experience in rural medicine & pre-hospital emergency care. E mail: maryclaydon@hotmail.com. Awarded 20.1.10.

0090 Dr Sarah Hollis Civilian Medical Practitioner for Armed Forces based at Catterick Garrison. Medical Advisor for the Ultimate Travel Company. Extensive experience in pre-hospital care, overseas travel and trekking at altitude. E mail: shollis@doctors.org.uk. Awarded 1.7.10

0091 Dr Emma Lloyd-Davies MBBS, BSc, DiMM, FANZCA Anaesthetic Consultant with interest in travel/work abroad and expedition/high altitude medicine. Completed my anaesthetic training in New Zealand and now working in Bangor, North Wales. Contact: emmalloyddavies@doctors.org.uk
Awarded 25.3.10

0092 Edward Brown MBChB (Hons) MRCS. Registrar in General Surgery in Wales. Interested in mountaineering, rock climbing, mountain biking, skiing. Expedition experience to Greenland and Kyrgyzstan. Available for expedition work. E mail: edwardsbbrown@yahoo.co.uk Awarded 25.3.10.

0093 Dr Tim Smith. MBChB, FRCA, FANZCA.
Consultant Anaesthetist based in Port Macquarie, NSW, Australia.
Professional Interests: Previous experience in pre-hospital and aeromedical retrieval.
Outside Interests: Rock and Scottish Winter Climbing, Alpinism and Multisport.
Outdoor qualifications: Summer ML (in-between training and assessment for SPA and Winter ML). E-mail: timjssmith@me.com. Awarded 25.3.10

0094 Dr Mike Whiteside MRCP, DTMH, Dip MM. Awarded 16/12/08. Specialist Registrar in Acute medicine based in Sheffield. Climber, trekker, skier, mountaineer, mountain biker, diver and photographer. Medical officer on numerous expeditions (arctic, diving, jungle, high ranges). Available for advice, lectures and/or expeditions (given sufficient notice!). Email: stainleberry@hotmail.com, 07811 256437. Awarded 25.3.10.

0095 Dr Raj Nathwani, Tel 0781 641 0975. Email: rajen.nathwani@doctors.org.uk. London based Trainee in Anaesthetics and Intensive Care Medicine. Interests in Trauma, Pre Hospital Care & Expedition Medicine. High altitude mountaineering experience. Part of the Territorial Army. Available for advice, lectures and trips. Awarded 25.3.10.

0096 Dr Alexandra Koukoutsis. Orthopaedic Surgeon. MSc in International Medicine-Health Crisis Management University of Athens. Member of the Medical Committee of UIAA. EFR First Aid Instructor (EFR 306419). RTI First Aid at Work Instructor/Assessor (RTI FAWI 1460). Responsible of First Aid Education in the border line and the islands of Greece through the National Health Program of the

Stavros Niarchos Foundation (www.SNF.org). Mountaineer, rockclimber and marathon runner interested in research lecturing and expeditions.
11 Perikleous str. Marousi p.c. 151 22 Athens, Greece. E-mail: alex@basecamp.gr
Tel: (+30) 211 40 57 100 Mob. (+30) 6979 00 21 19. Awarded 25.3.10

0097. Dr Rimon Than. Awarded 16.5.10

0098. Dr Catherine Mangham. Awarded 31.7.10

0099. Dr David Evans, Retired consultant in anaesthesia and Intensive care medicine. BA Hons., LL.M. MB.BS (London) FRCA (England) DTM&H. Happy to give advice and support. South Wales. E Mail : dhc_jungle@hotmail.com Awarded 23.10.10.

0100. Dr Kazue Oshiro, FAWM. Cardiologist and Emergency physician in Japan. Medical Advisor of National Police Mountain Rescue Teams in Japan. Medical Instructor of Mountain Rescue of the Fire Defense Agency in Japan. Faculty member of Japanese Diploma of Mountain Medicine. Faculty member of Japanese Society of Mountain Medicine. E Mail: kazooshiro@gmail.com
Awarded 23.10.10.

0101. Dr Adam Booth. Faculty. Keen climber and mountaineer. GP in Shrewsbury area. Interested in expedition medicine and altitude research. Deputy medical officer for BMRES Chile expedition 2008, medical officer for CASE Xtreme Alps expedition 2010. Mad for it! adambooth@nhs.net . www.boothybrothers.blogspot.com
www.bmres.co.uk . Faculty. Awarded 26.10.10

0102. Dr John Usher, MBChB, MRCP. GP in South East Scotland with a passion for the outdoors. email. johndusher@hotmail.co.uk. Awarded 26.10.10

0103. Dr Graeme Parry, Qualified GP, ordinarily based in Edinburgh Scotland (although based in Sydney from Jan 2011 - 2012). Keen mountaineer, skier and surfer. Available for expeditions. Contact: gparry@yahoo.co.uk Awarded 26.10.10

0104. Dr Rich Lowsby, FRCEM, FFICM, MRCP, DTM&H. Emergency Medicine and Intensive Care doctor, Liverpool based. Interests and experience in expedition medicine, working at altitude and global health. Email: richlowsby@hotmail.com ..
Awarded 26.10.10

0105 Fiona King. MBChB, MRCP. General Practitioner in Queenstown, New Zealand. Interests - Mountaineering, skiing, endurance events, trekking.
Fiona_shrubb@hotmail.com. PG Cert awarded 15/11/2010. PG Dip awarded 19/10/2014. Diploma Mtn Med Awarded 15.11.10

0106 Dr Yashvi Wimalasena. Awarded 15.11.10. Faculty DMM. Consultant in Emergency Medicine and HEMS Physician, West Midlands. Member of Medex and BMRES. Interested in all things in the mountains including rock climbing, ice

climbing, skiing, alpinism and high altitude mountaineering. Experience of leading and been an medic on expeditions to the greater ranges of Europe, Africa, South America and Himalaya. Faculty for Birmingham Med School SSM in High Alt and Mtn Med and its WM course. Research interest in pulmonary oedema and lung ultrasound, with presentations at international conferences (ICEM/EuSEM) and publications. Available for advice, lectures and expeditions. E Mail : yashvi299@yahoo.co.uk. Tel : 07813 989960.

0107 Dr Kitty Duncan. Anaesthetist with aeromedical retrieval and Prehospital medicine experience including working in the Nepalese Himal and for Medecins Sans Frontieres. Interest in HAPE as part of the APEX group (www.altitude.org). Based in the Peak District. Contact: kitty_duncan@hotmail.com . Available for teaching, presentations and advice. Awarded 15.11.10 Faculty.

0108 Dr Edwin Mitchell MBBS MRCP FRCA Dip Mtn Med (UIAA). Consultant Anaesthetist based in West Midlands. Interests include rock climbing, winter climbing and alpinism. Available for advice and lectures. dredmitchell@hotmail.com . Awarded 18.12.10. Faculty.

0109 Dr Jon Bailey. Registrar in Emergency, Pre-Hospital and Intensive Care Medicine based in Thames Valley. Instructional qualifications in climbing/ mountaineering/diving/skiing. Email: bailey.jon@gmail.com . Awarded 18.12.10

0110. Dr Franca Serafini, anaesthetic staff grade at Epsom and St Helier NHS Trust, Surrey. E Mail: fanca.serafini@gmail.com. Awarded 26.1.11.

0111. Dr Martin Rhodes. Chief Medical Officer “Antarctic Logistics & Expeditions”. Many expeditions to Antarctic, Arctic & the Greater Ranges. Available for advice, consultation and clinical opinion. E Mail: docmartinrhodes@gmail.com . Awarded 13.2.11. Faculty

0112 Dr Ian Tyrrell-Marsh MBChB (Hons). E mail: ityrrellmarsh@hotmail.com . Manchester based. Awarded 10.3.11

0113, Dr Michael Purkiss. Hampshire Based when in the country. Specialist interest in cardiac conditions at altitude. E Mail: mikepurkiss@doctors.org.uk Awarded: 10.3.11

0114. Dr Jonathan Brett. Physician currently resident in Sydney Australia. Available advice or for trips in Australia and New Zealand. E Mail: Jonathan.Brett2005@gmail.com . Awarded 8.5.11.

0115. Dr Mike Mowbray. Consultant Anaesthetist and lifelong climber. Mansfield, Nottinghamshire. E Mail; mike.mowbray@sfh-tr.nhs.uk . Awarded 29.5.11

0116. Dr Rich Griffiths. Specialist trainee in Emergency Medicine. Sheffield. E Mail; gingerrich@doctors.org.uk . Awarded 15.11.11

0117 Dr Ben Gibbison. South West based anaesthetist with interests in all varieties of climbing and mountain running.
Awarded 15.11.11

0118. Jon Morgan. Associate Specialist in Anaesthetics in Sheffield Teaching Hospitals. Only practising doctor in the UK who is also a full UIAGM Guide. Passionate climber, mountaineer, skier and fell runner. Has competed at international level in Ski Mountaineering events. Most of his guiding is on skis but he also enjoys working on the UK Diploma courses in Scotland and Arolla. E mail: jon@jon-morgan.com . Awarded 16.11.11 Faculty member.

0119. Dr Karen Greene. Specialist doctor in Anaesthetics, Emergency Medicine and Education. Holder PGCE. Doctor in Wasdale Mountain Rescue Team. Holder Summer ML and in training for Winter ML. E mail: karen.greene@ncumbria-acute.nhs.uk .Awarded 27.11.11. Faculty Member.

0120. Dr Laura Jackson. Specialist Registrar Anaesthetics/ICU in the Welsh Deanery. Special Interests: All outdoor pursuits, mountain biking, fell running, Mountaineering. Available for advice/teaching/lectures. Email; Lej42@hotmail.com or lauraejackson@doctors.org.uk. Awarded 30.11.11

0121. Dr James Hanslip. GP Liverpool.UK. E Mail: jhanslip@nhs.net . Awarded 23.12.11

0122. Dr Richard Stanley. GP. The Bladock Surgery, High Street, Baldock, Herts. SG7 6RP. E Mail: rsgstanley@doctors.org.uk . Awarded 23.12.11

0123. Dr Alun Thomas. Awarded 23.11.12

0124. Dr Lauren Newcomb. Obs and gynae trainee, South Wales. Interests: ski mountaineering and climbing. Experience: 2 Spring Seasons in Himalayan Rescue Clinics (Pheriche 2011, Machermo 2008), Exped Leader for youth expeditions to Tanzania, Costa Rica and Peru. Ascents of three 6000m peaks (Andes and Himalayas) plus remote big wall climbing In Turkey and Madagascar and ski ascents in NZ, Switzerland, Canada and France.
lauren.newcomb@wales.nhs.uk Awarded 23.12.11

0125 Dr Katie Williams. MBBS, BSC, AKC. Currently embarking on a year out to work at both the Machermo and Pheriche Rescue Posts in Nepal. Interests in expedition, altitude and travel medicine with previous experience as an Expedition Doctor in the Himalayas and Mountain Leader in the Andes, with extensive travelling throughout Asia and Europe. Experience as a Race Doctor for the Lakeland 100 and UTMB in Chamonix as well as previous RAF Mountain Rescue work. Other interests

include mountaineering, mountain biking and ultramarathon endurance events. Planning to relocate to Scotland for GP training after dabbling in EM and Anaesthetics. Available for advice and particularly keen to help students with Wilderness Medicine / Travel interests. E: katie.williams@doctors.org.uk. Awarded 23.12.11.

0126. Dr Paddy Mitton BMBS. Currently GP trainee based in Cornwall. Active mountaineer and climber at home and abroad. Interests in expedition, altitude and travel medicine. Experience on multiple expeditions worldwide. Doctor and Medical Trustee for the Cornwall Search and Rescue team. Available for advice, teaching or as expedition doctor. Contact; paddymitton@doctors.org.uk . Tel: 0795 8615232. Awarded 3.1.12

0127. Dr Rob Conway. Anaesthetist and expedition leader. Experience in altitude, polar, diving, travel medicine and media support. Available for advice, hands on instruction for medical or logistical aspects of expeditions including medical kit procurement. Website: www.wildmedic.co.uk . E mail: rob@wildmedic.co.uk . Awarded 23.1.12

0128. Dr Matthew Barber. Awarded 25.1.12

0129. Dr Karen Roberts. GP partner and independent contractor to the MDU as a clinical complaints adviser. Active climber in UK and abroad. Lectures on medico-legal issues. Email dr.karen.roberts@btinternet.com . Awarded 18.4.12.

0130. Dr Carolyn Kelly-Smith. FRCPC Emergency Medicine. FRCPC Emergency Medicine, Emergency Physician Royal Columbian Hospital Canada, Medical Director North Shore Search and Rescue, Ski patrol physician, Faculty Canadian Society Mountain Medicine DiMM. www.theccsmm.org E Mail: carolyn.kellysmith@gmail.com . Awarded 4.8.12

0131. Mr Simon Bennet. MBChB, MRCS. Specialist Registrar training in trauma and orthopaedic surgery, based in Bristol. Keen climber and mountaineer with experience climbing in the greater ranges. Available for advice, lectures and expeditions. E-mail; simon.bennet@hotmail.com . Awarded 5.8.12

0132. Dr Anthony M Chahal, Emergency Medicine FRCPC, Canadian Ski Guides Association Level 1. Based in Vancouver BC. Canada. E mail: anthony.chahal@gmail.com. Faculty and founding member of Canadian Society of Mountain Medicine: www.theccsmm.org . Awarded 24.8.112

0133. Dr Zoe Burton. Specialist trainee in anaesthesia with paediatric and global anaesthesia interests. Experience includes ski-touring expeditions in the polar regions, work as an expedition doctor in Antarctica and the Himalayas, leading youth

expeditions to Peru, Arctic Svalbard. Wilderness Medical Training faculty. E-mail: drzoeburton@gmail.com . Awarded 16.10.12

0134. Dr Ben Hall. Emergency Medicine trainee with specialist interest in Pre Hospital Emergency Care. Works extensively with Search and Rescue and Mountain Rescue Teams. E Mail: bgr.hall@gmail.com . Awarded 27.10.12

0135. James Parker BDS, DPDS, MFSDP, M Surg Dent, FDS RCS Eng. Keen skier and general mountaineer with particular interest in snow safety and endurance events. Tresithick House, Carnon Downs, Truro, Cornwall, TR3 6JW. E Mail: hj.parker@btopenworld.com . Awarded 27.10.12

0136. Dr Rachel Hamilton. GP trainee based in the Peak District area. Edale Mountain Rescue Team member and doctor. Interests in expedition, altitude, and travel medicine. Keen outdoor enthusiast. Available for expeditions, teaching, and lectures. Email: Rachel_hamilton@hotmail.co.uk, Tel: 07903359811. Awarded 27.10.12

0137. Dr Ged O'Sullivan, GP in south Cheshire. Keen climber, walker and skier and still manages OMM most years. Available for lectures and advice. E mail: gedosullivan@me.com . Awarded 27.10.12.

0138. Dr Suzi Hale. E mail: Suzanne.hale@doctors.org.uk . Awarded 27.10.12

0139. Dr Isla Madeleine Wormald. BSc MBChB (Leeds) DiMM (UIAA / IKAR / ISMM). Acute Care Common Stem Emergency Medicine Core Trainee 3 in South Yorkshire. Formerly a doctor for Upper Wharfedale Fell Rescue Association. Expedition medicine experience includes: doctor for British Schools Exploring Society (BSES) Arctic Adventure 2011 expedition to Svalbard, Chief Medical Officer for Leeds Metropolitan University Himalayan Research Expedition 2011, Senior Medical Officer for BSES Arctic Odyssey 2012 Expedition to Loppa Peninsula of Norway, Challenge Medic for three Action Challenge Kilimanjaro Summit Challenges & Chief Medical Officer for Medex Manaslu 2015 Expedition. Doctor for Action Challenge "London 2 Paris 24" 2013 & previously for Great Britain Junior Lead Climbing & Bouldering Teams. Helped deliver first UIAA / ICAR / ISMM Nepal Diploma in Mountain Medicine. Passion for outdoor pursuits. Mountain Training Association Summer Mountain Leader & PADI Open Water Diver. Aspirant Winter Mountain Leader & British Association of International Mountain Leaders International Mountain Leader. Thrives on adventure! Available for teaching or as an expedition doctor. E mail: islawormald@doctors.org.uk Awarded 27.10.12

0140. Dr Brian Parkin FRCP. Medical Director for Advanced Life Support. Particular interest in Ski Mountaineering. Based in Guernsey available for advice and support in the Channel Islands area. E Mail: bp@healthcare.gg . Awarded 27.10.12

0141. Dr Ruth Batty MB BS, MRCP, FRCR. Consultant Radiologist, Royal Hallamshire Hospital, Sheffield. ATLS instructor. E Mail: battyruth@hotmail.com . Awarded 27.10.12

0142 Dr Chris Abbott RAMC MRCEM DIMC DIMM DMCC. Military medical officer. Experienced skier & ski mountaineer. Multiple trips to greater ranges. Special interest in clinical human factors and technology enabled care services. Available for instruction, lecturing, and expeditions. Email : drchrisabbott@gmail.com Awarded 27.10.12

0143 Jonathan Wylie State registered paramedic based near Glasgow, Active winter climber with European, Alpine and Alaskan experience. Available for occasional expeditionwork and/or adventures. E Mail: wylie_jon@yahoo.co.uk . Awarded 27.10.12

0144. Dr Gareth James MBCh (Wales) North Wales based but currently (2012) in New Zealand. Passionate climber and mountaineer. Available for advice and expeditions. E Mail: garethiwan@gmail.com . Awarded 27.10.12

0145. Dr Stephen Hillier MBChB (ATLS, APLS, PHECC). Anaesthetic Trainee in East Midlands. Keen climber. Expereince as ski doctor in New Zealand. Available for expedition work. E Mail: drstevehillier@googlemail.com . Awarded 27.10.12

0146. Dr Benjamin Marriage MBBS BSc (aerospace physiology). Anaesthetist in the East of England Deanery. Previous experience in high altitude, diving, ocean sailing, microgravity and expedition medicine. Interested in virtually all forms of outdoor pursuits. Available for advice/teaching/lectures and trips. E Mail: Benji_marriage@hotmail.com. Awarded 27.10.12.

0147. R. Bryan Simon RN, MSc, FAWM. Based in New River Gorge, West Virginia, USA. Partner, Vertical Medicine Resources (vertical-medicine.com). Associate Editor, Accidents in North American Climbing, American Alpine Club. Climbing Medicine Columnist, Wilderness Medicine magazine. Director, Appalachian Mountain Rescue Team. Certified SPI, American Mountain Guides Association (AMGA). Author, Vertical Aid: Essential Wilderness Medicine for Climbers, Trekkers, and Mountaineers (WW Norton). Available for lectures, publications, or as an expedition medic. E Mail: bryan@vertical-medicine.com Awarded 27.10.12

0148. Debbie A Simon RN, MSc, FAWM, CPT. Based in New River Gorge, West Virginia, USA. Partner, Vertical Medicine Resources (vertical-medicine.com). Author, Vertical Aid: Essential Wilderness Medicine for Climbers, Trekkers, and Mountaineers (WW Norton), Member, Wilderness Medical Society. Certified SPI, American Mountain Guides Association (AMGA). Certified Personal Trainer with focus on climbing/mountaineering preparation. Available for lectures, training, and as an expedition medic. E Mail: deb@vertical-medicine.com . Awarded 27.10.12

0149 Dr Jack Kriendler . Medical Director CHHP - the Centre for Health & Human Performance, 76 Harley Street. London. Leads the centre's Altitude Clinic and CPEX Lab with team including Prof Greg Whyte, Jim Pate, Dr Sundeep Dhillon, Prof Hugh Montgomery and DMM Faculty. Special interest in pre-expedition screening, physiological optimisation and risk management for AMS-prone, disabled, injured, terminally-ill and altitude-naive climbers.

Consults and presents for TV, film and major charity challenges. Keen rock and ice climber and experienced ski-mountaineer.

Founding Member of UK-MMS.org with Dr David Hillebrandt and Prof Chris Imray. Contact via: CHHP, 76 Harley Street, London W1G 7HH. Tel: 020-7631-3276 email: j.kreindler@76harleystreet.com . Website: <http://www.76harleystreet.com/sections/medicine/altitude> Awarded 27.10.12 DMM Faculty.

0150 Dr David Horak. Cardiologist. Based in the Czech Republic, Liberec. E mail: horak_david@seznam.cz Awarded 23.11.12

0151 Dr Parminder Chaggar. MB CHB. BMedSci. MRCP. Keen climber, mountaineer, fell runner and cyclist working as a cardiologist with a special interest in heart failure and device therapy. Available for advice and teaching. E mail: pchaggar@doctors.org.uk . Awarded 23.12.12

0152 Dr Mike Wild MB BCh, BSc (Hons), MSc. Edinburgh Based, currently in ICU. General outdoor interests: mountaineering, fell running, mountain biking, skiing, sea kayaking. High altitude mountaineering experience. Available for expeditions, teaching and lectures. E Mail: mikewild01@gmail.com . Awarded 23.12.12

0153 Dr Andy Tomlinson. Retired Anaesthetist (2017), Stoke on Trent. Worked in Nepal as anaesthetist (1982 and 1986) and with IPPG (2015). Life long rock climber, mountaineer and skier. E Mail: andy.tomlinson@doctors.org.uk Awarded 5.1.13

0154 Dr Daniel Kornhall. Anesthetist with a professional interest in prehospital emergency care especially where it interfaces with wilderness and mountain emergency medicine. Most of the time based in Northern Norway. Active skier and climber. E Mail: danielkornhall@me.com . Awarded 18.1.13

0155 Dr David Hunt. FRCA MCEM FRGS RAMC. E-Mail: davidmichaelhunt@hotmail.com. Army Anaesthetic Registrar. Interest in Trauma and damage control resuscitation, pre-hospital care and Intensive care medicine. Experienced Ski Mountaineer. Available for teaching or lectures. Awarded 18.1.13

0156 Dr Neil Long. Emergency hospital and rural hospital trained. Majority of climbing skills learnt in New Zealand, rock, snow and ice. Extensive travel in six continents with interest in third world medicine. Available for expeditions. E Mail: neillong@doctors.org.uk . Awarded 5.2.13

0157 Dr D Burckett-St.Laurent FRCA. Anaesthetic Registrar in Cardiff specialising in regional anaesthesia. ATLS and ALS instructor. Climber, fell runner and free diver. Arctic ocean expedition experience. Available for advice, teaching and expeditions. E.mail: bstl.david@yahoo.co.uk . Awarded 5.2.13

0158 Dr Matthew Knox. Locum A&E Registrar. Active mountaineer, rock climber, runner and cyclist. High altitude mountaineering and medicine experience. Available for expeditions and advice. Based in Australia (Sydney) but keen to travel for expeditions. Contact email: mattcknox@gmail.com . Awarded 11/2/13

0159 Dr Savini Wijesingha Wessex anaesthetic trainee, currently in New Zealand with interest in retrieval, pre hospital and expedition medicine. Jungle, mountain and ocean expedition experience. Available for teaching or as expedition doctor. E Mail: tswije@gmail.com . Awarded 15.2.13

0160 Dr Ben Greatorex BMBS BMedSci (Hons) FRCA. E-mail: benjamingreatorex@hotmail.com . Anaesthetic and intensive care trainee in Severn deanery. Interested in rock climbing and winter mountaineering. Experience of providing anaesthesia and emergency medical care in developing countries including South Africa and Ethiopia. Available for work as an expedition doctor. Awarded 7.3.13

0161 Dr Charlotte Haldane. Full time HEMS Doctor for Magpas Air Ambulance. Major in the Army Reserves (144 Para Med Sqn, 16 Air Assault Brigade). Interested in Pre-hospital care, altitude research, diving medicine and remote medicine. Qualified Dive Master, Experienced expedition medic and expedition leader to jungle and mountainous environments, personal experience of remote mountaineering. Research Investigator for Xtreme Everest 2, ongoing work with Centre for Altitude, Space and Extreme Environment Medicine, UCL. Lecturer and examiner for the Diploma of Mountain Medicine, lecturer for World Challenge Expeditions. Personal interests include winter mountaineering, white-water kayaking, scuba diving and jungle trekking. Available as an expedition doctor, for lectures or for clinical advice in Cambridge, London and the North West. E Mail: Charlotte.haldane@doctors.org.uk Awarded 12.6.13

0162 Dr Bisanth Batuwitige MBBCh, MRCS, FRCA. South Yorkshire Anaesthetic registrar. Outdoor interests include climbing, mountaineering and fell running. Clinical interests trauma, simulation and medical education. Available for advice, teaching and expeditions. E Mail: batu@doctors.org.uk . Awarded 6.7.13

0163 Dr Claire McCahill. London based Anaesthetic trainee. Interests include: Mountaineering, climbing, travel, diving, paragliding and skiing. Contact: cmccahill@doctors.org . Awarded 7.11.13

0164 Mr James Pegrum MB BS Bsc MRCS (Eng) Msc (Sports & Exercise Medicine) Research Associate Sports & Exercise Medicine Queen Mary University

London Orthopaedic Specialist Registrar Oxford. With an interest in Skiing, Rugby Football, Athletics, sports injuries and trauma care. Available for advice or talks jpegrum@doctors.net.uk . Awarded 8.11.13

0165 Dr Sarah Maclean BSc (Hons) MBChB. Glasgow based anaesthetic trainee with interest in pre-hospital, travel and altitude medicine. Outdoor interests include mountaineering, skiing and mountain biking. Available for advice, teaching and expeditions. E mail: sarah2602@hotmail.com. Awarded 13.12.13.

0166 Dr Nick Fisher Ex-army GP with experience practicing medicine at high altitude and in desert, arctic, remote and hostile environments. UK based until 2014 then moving to British Columbia, Canada. Contact nickfisher@me.com for expedition planning, advice and medical support. Awarded 13.12.13.

0167 Dr James Farrant MB BCh, FRCA, BSc (hons). Consultant paediatric anaesthetist based in South Wales. Experience: Altitude medicine in Nepal running a medical aid and rescue post, altitude research in Europe, jungle expedition experience. Charity trustee for International Porter Protection Group www.ippg.net Interests: Rock climbing, mountaineering, off piste skiing, mountain biking. Available for advice, teaching and expeditions. E Mail: jamesfarrant@gmail.com . Awarded 13.12.13

0168 Dr Christopher Sloan BMBS. Anaesthetic trainee based in Sheffield. Clinical interests: medical education, pre hospital care, expedition medicine, ALS instructor. Outdoor interests: Experience in UK, alpine and Himalayan mountaineering, extensive whitewater kayaking and whitewater rescue experience. Available for advice, teaching, lectures and expeditions. E Mail: c.sloan@doctors.net.uk . Awarded 13.12.13

0169 Dr Alexander Bacon. E Mail: dram bacon@googlemail.com .Awarded 13.12.13

0170 Dr Rachel Anderson. Emergency Medicine Registrar Scotland. Interests in expedition medicine and medicine in developing countries. DTM&H holder (tropical medicine). Medical experience at Pheriche aid post and Everest Base Camp, Nepal and in Antarctica. E Mail: ebrach@gmail.com . Awarded 13.12.13

0171 Dr Nicola Millar ED registrar. Dunedin, New Zealand. E Mail: nicmillar@yahoo.co.uk . Awarded 13.12.13

0172 Dr Michelle Aukland MBChB (Hons). Current FY2 doctor applying to work in West Midlands. Experience working at Travel/Altitude clinic in Kathmandu. Interests include climbing. Mountaineering and skiing. E Mail: michelleaukland@hotmail.com . Tel: 07812 108919. Awarded 5.1.14

0173 Dr Michael Prosser MBBCh, MCEM. Specialising in Emergency medicine in the South West. Experienced in Pre hospital care, retrieval, expedition and altitude medicine. Expedition / Altitude experiences include the establishment of a rural high altitude Health clinic in Langtang, Nepal, providing altitude medical training to trekking guides. and expeditions in Norther India/Bhutan. Outdoor interests include: mountaineering, skiing, diving and extensive white water kayaking experience including rescue skills. Available for advice, teaching and expeditions. E Mail: mjprosser84@gmail.com. Awarded 11.1.14

0174 Dr Lawrie Kidd Anaesthetic trainee in the South West. Keen climber, skier, runner, cyclist and surfer. Experience in Jungle, Altitude and Diving expeditions. E Mail: lawriekidd@hotmail.com . Awarded 14.1.14

0175 Dr Kath Rosedale. Bristol Anaesthetic Trainee. Special interest in developing world anaesthesia, mountaineering, fell running, MTB and skiing. E Mail: kathrosedale@hotmail.com . Awarded 15.2.14.

0176 Dr Richard Hargrave, GP registrar in the Scottish Highlands. Interests away from the mountains include triathlon and multi sport. Contactable at richardhargrave@nhs.net . Awarded 15.2.15.

0177 Dr Tom Sutherland. Emergency Medicine Trainee. Keenly interested in expeditions of all sorts, including those with a teaching or awareness raising agenda. And also those that are challenging from a technical or endurance based perspective. I am a keen climber, mountaineer, ski tourer, mountain bike rider and runner. The more remote the better. E Mail: tomsutherland@doctors.org.uk . Awarded 15.2.14.

0178 Dr Joe Davis. Lake District GP. All round outdoor/adventure travel enthusiast. Worked as a doctor in polar, jungle, desert and high altitude environments. Regular faculty/leader on expedition medicine courses in UK and abroad. Interest in Pre hospital care (BASICS) and Mountain rescue. Available for advice, talks, teaching or as expedition doctor. Tel: 07940 997622. E mail: jdmanilow@hotmail.com . Awarded 15.2.14.

0179 Dr John Weeks. MBChB(e) DTM&H. Anaesthetics trainee based in North West England. Interests in medical education, pre-hospital care and altitude. Interest include mountaineering, climbing and especially mountain biking. Degree in Medicine with French. E mail: weeks.johnr@gmail.com Awarded 12.3.14

0180 Dr Anthony 'Doug' Douglas. Hampshire based doctor with experience as overseas expedition leader. E Mail: hobodoug@hotmail.com . Awarded 20.3.14

0181 Mr Paul Marshall. Trauma and orthopaedic Consultant based at Royal Lancaster Infirmary. E Mail: paul.marshall@mbht.nhs.uk . Awarded 12.3.14

0182 Dr Edi Albert MB ChB, MSc, MRCGP, FRACGP, FACRRM, DMM. Based in Australia and currently Associate Professor in Remote and Polar Medicine at the University of Tasmania, and working as a rural generalist in emergency and remote medicine. Clinic doctor at Perisher Ski Resort and previous Antarctic Medical Practitioner at the Australian Antarctic Division. Provides expedition and wilderness medical training through www.wildernesseducationgroup.com and medical advisor to Wilderness First Aid Consultants and the Australian Maritime College. Available via edi.albert@hotmail.com for any expedition medicine related inquiries. Continues to travel, trek, climb, kayak, mountain bike and ski whenever and wherever possible. Awarded 20.5.14

0183 Dr Alex Kennedy MBBCh, FRCA, Anaesthetist in South Wales. Interests include paragliding, paramotoring, trekking, running and mountaineering. Available for advice and expeditions. E Mail: aljken@gmail.com . Awarded 20.5.14

0184 Dr Nick Cochand MB BCh, BSc (Hons). Currently working in Emergency Medicine in New Zealand. Interests include Pre-Hospital care, expedition and altitude medicine. Experience in mountain, jungle and arctic expeditions and providing medical cover for extreme adventure racing. Available for advice, teaching and expeditions. E mail: nickcochand1@doctors.org.uk . Awarded 20.5.14

0185 Dr Sean Hudson, General Practitioner with a special interest in pre hospital, remote and disaster medicine. E Mail: sean@expeditionmedicine.co.uk . Awarded 20.5.14.

0186 Debra Hammer MD FRCPC FACC PFT Clinical Faculty in Cardiology, Mazankowski Alberta Heart Institute, University of Alberta, Canada. Wilderness Committee Chair, Canadian Academy of Exercise and Sport Medicine. Canadian Council Representative, International Society of Mountain Medicine. Email: dhammer@ualberta.ca . Awarded 20.5.14

0187 Karen Pickering. Paramedic, based in the north east of England. Experienced in alpine mountaineering and UK summer and winter climbing. Interests in expeditions of any sort particularly high altitude), endurance running and mountain rescue. E mail: Kaptain50@tiscali.co.uk . Awarded 29.7.14

0188 Dr Richard Stephenson, BSc (Hons), MbBS (Hons). Australasian Emergency Medicine Advanced Trainee. Based in Dunedin, New Zealand. Interests in pre hospital and trauma medicine, climbing mountaineering and polar travel. Experience of alpine, high altitude and polar travel. Available for advice, teaching and expeditions. E Mail: mountainrich@hotmail.com . Awarded 13.12.14

0189 Dr Rob Lambert, Trainee in trauma and orthopaedics. Edinburgh. E Mail: Robbie_lambert@hotmail.com . Awarded 13.12.14 .

0190 Dr Paul Maries, MBBCH. MRCP. Bristol based GP with experience in high altitude mountaineering, skiing, climbing and whitewater kayaking. Available for advice, teaching and expeditions. E Mail: paulmaries@gmail.com . Awarded 13.12.14

0191 Dr Adam Griffiths, Royal Navy Medical Officer, Extensive expedition, especially in cold remote environments. Available for teaching lectures and expeditions. E Mail: adamgriff8@hotmail.com . Awarded 13.12.14

0192 Dr Nicola Combs, MBBS (Hons). Currently working in emergency medicine in Sheffield. Interested in pre-hospital and expedition medicine. Outdoor interests in climbing, mountaineering, triathlons, skiing and endurance/adventure events. E Mail: n.combs@doctors.org.uk for advice, teaching and expeditions. Awarded 13.12.14.

0193 Dr Nelleke Ernsting, Currently Dutch Military Doctor ambition is for GP work. Awarded 13.12.14

0194 Dr Stuart Allan, MRCP, DTM&H. GP Stoneleigh Surgery, Police Square, Milnthorpe, Cumbria. LA7 7PW. Tel: 015395 63307. E Mail dr.stuart.allan@yahoo.co.uk . Team doctor Kendal MRT. Interests in tropical medicine, snowboarding, mental health and teaching. Awarded 13.12.14

0195 Dr Nick Haslam. MB BCh, BA, SHO currently working in Emergency Medicine in Edinburgh. Interests include expedition, altitude and remote tropical medicine. Experience includes expeditions in the Himalayas, supporting a wheelchair ascent of Kilimanjaro and remote rural medicine in Papua New Guinea. E mail: newc2733@gmail.com . Available for advice, lectures, and expeditions. Awarded 13.12.14

0196 Dr Jasper Johnsson. MD, DESA. Sweden. E Mail: jesper.johnsson@gmail.com . Consultant in Anesthesiology and intensive care medicine. Work mainly in the ICU, Helsingborg Hospital in the south of Sweden. Serve as a doctor in the Swedish Armed Forces (in the reserve). Part time PhD in Cardiac Arrest physiology. Interests include expedition medicine, trauma management and high altitude physiology. Awarded 13.12.14

0197 Dr Andrew Cumpstey, BM BCh, MA (Cantab). Anaesthetics registrar' currently based in Hampshire. Experienced and qualified Mountain Leader, climbing, canoeing (white water/sea kayaking and open canoeing) and sailing instructor. Background in high altitude research with both CASE (UCL) and the Xtreme Everest research groups, particularly interested in physiological responses to low oxygen levels. Available for advice, teaching, lectures and expeditions. Email: acumpstey@gmail.com . Awarded 13.12.14

0198 Dr Matt Wilkes, MSc (Mtn. Med) MCEM FRCA FAWM FRGS Anaesthetics Registrar with interests in Remote Medicine and Extreme Physiology. Paraglider pilot, mountain biker and adventure photographer. Founding Editor of

Adventure Medic magazine (<http://www.theadventuremedic.com>), currently undertaking a PhD into the physiology of paragliders in flight. E mail matt@adventuremedic.org.uk . Awarded 13.12.

0199 Dr Ben Michie. Currently GP trainee in North East. Mountaineer/Skier and expedition doctor. Contact Ben_michie@hotmail.com . Tel: 07980 845719. Awarded: 10.2.15

0200 Dr Ian Evans, British Army Medical Officer. Experience in mountaineering, skiing, climbing and adventure racing. Available for advice, teaching, races and expeditions. E Mail: ianeans@doctors.org.uk . Awarded 10.2.15

0201 Dr Sarah Wysling, Emergency Medicine Registrar, MB BCh (BSc) MSc (International Health). DTM&H. MCEM. Clinical experience working in various low resource settings and as expedition medic. This includes placement at the high altitude Machermo Aid Post, Khumbu, Nepal (IPPG). Contact: sarah@farawaymedicine.com . Awarded 10.2.15

0202 Dr Rhianwen Thomas, GP trainee currently based in Plymouth. Experience of working on altitude and diving expeditions. Is a keen cyclist, runner, skier, surfer and mountaineer. Available for advice, teaching and expeditions. E Mail: rhianthomas83@hotmail.com . Awarded 10.2.15

0203 Mr Stuart Mercer. Surgeon in Portsmouth. Keen runner/skier/Alpinist. Worked as a doctor on ships, submarines & deserts. Email - stuartmercer@me.com.. Awarded 5.7.15

0204 Dr Arlena Kuenzel. UK Based (2017 Australia). Interested in pre-hospital care, tropical and expedition medicine. Member of 2015 Medex research expedition to Manaslu. Overseas experience working in Africa and East Timor. E mail: arlenak@hotmail.com for advice, teaching and expeditions. Awarded 5.7.15

0205 Dr Chris Moss. Anaesthetic Trainee MBBS, MEng. North East England. Away from the hills I am also a keen cyclist, runner, skier and offshore sailor. Previous work includes media support, expedition support and providing formal training of mountain rescue teams. Available for advice, teaching and expeditions. Mob: 0773 492 0301. E Mail: christjmoss@hotmail.com. Awarded 18/9/15

0206 Mr Matthew Doe BMedSci (Hons) BMBS MRCS. General surgical registrar based in the South West. Experience in high altitude expeditions, mountaineering and endurance events. Mountain leader trained. Available for teaching, lectures and expeditions. Contact: matthewdoe@nhs.net . Awarded 16/12/15

0207 Dr Tom Geliot MBChB BSc (Hons) FRGS. Currently SHO in Emergency Medicine. Experience as expedition medic and high altitude research. Available for advice, teaching, lectures and expeditions. E Mail: tomgeliot@gmail.com . Awarded 16/12/15

0208 Dr Nadia Tharib MBChB (Hons) MRCPGP. GP based in North Wales and Worcestershire area. Keen skier, climber and mountaineer. Also have experience in medicine related to ultra marathons in austere environments. Available for advice, teaching and expeditions. E Mail: ntharib@doctors.org.uk . Awarded 16/12/15

0209 Dr Lisa Brooke MBChB (2004), MRCPCH (2010), MRCPGP (2012). GP in the North West of England. Interested in rock climbing, open water swimming, kayaking, alpinism, mountain biking and endurance events, with a general passion for all things outdoors. Available for advice. E mail: lisahalliday@doctors.org.uk Awarded 16/12/15

0210 Dr Virginie Walker GP Trainee living in rural Aberdeenshire with experience of rock climbing, mountaineering, skiing and ski touring. E Mail: virginiewalker@hotmail.com . Awarded 16/12/15

0211 Dr Tom Bradley, Devon-based anaesthetist with experience in mountaineering, climbing, high altitude, pre-hospital and retrieval medicine. Available for advice, teaching and expeditions. Email: drtombradley@gmail.com . Awarded 17/12/15

0212 Dr Sarah Raitt, British Army GP, experienced providing medical care in remote and hostile environments, including jungle, desert and high altitude. Experience working in East Africa, expeditions to Nepal and South America. Interests include climbing and telemarking. email: sarahheyhoe@doctors.org.uk . Awarded 17/12/15

0213 Dr Hannah Newcombe, ED registrar in New Zealand. Experience in altitude and jungle expeditions and teaching undergraduate students wilderness medicine. Keen mountaineer, runner, skier. Available for advice, teaching and expeditions. Email: h.newcombe@nhs.net . Awarded 17/12/15

0214 Dr Timothy Saunders BSc MBChB RCPCPCH. Paediatric Registrar based in Peak District/South Yorkshire. Clinical interest in paediatric emergency medicine, trauma, pre-hospital care and tropical and infectious disease. Experience in expedition planning and management, high altitude and alpine mountaineering, winter and summer hill skills teaching and endurance events. Keen mountaineer and climber with global experience. Avid fell runner and cyclist. Available for advice, lectures, teaching and clinical opinion in the area of expedition, mountain and wilderness medicine with particular interest in management of childhood illness. Available for remote expeditions with notice. Contact: lefttailedgecko@gmail.com . Awarded 23/1/16

0215 Dr Luke Benson. GP in Gloucestershire. E Mail: lukebenson@nhs.net . Awarded 23/1/16

0216 Dr Anna Lindsay Anaesthetic trainee in South Wales. Interested in all things outdoors especially mountaineering and skiing. Available as expedition doctor and for advice /teaching. E Mail: annalindsay88@gmail.com . Awarded 23/1/16.

0217 Dr Rohan Goel. MBChB, BSc (Hons). Currently based in North Wales. E Mail: rohan.goel@doctors.org.uk . Awarded 23/1/16.

0218 Dr Jessica Christley. Based in Scotland. Keen climber, mountaineer and mountain biker. E Mail: jess.christley@btinternet.com . Awarded 23/1/16

0219 Dr Tessa Coulson MbChB with german, MRes. GP Trainee based in Manchester with overseas and emergency care experience. Outdoor enthusiast with interest in remote, expedition and altitude medicine. E Mail: tessacoulson@gmail.com . Awarded 23/1/16

0220 Dr David Pallot BA BM BCh MCEM. Emergency medicine Registrar and doctor with Woodhead Mountain Rescue team. E mail: david.pallot@doctors.org.uk . Awarded 23/1/16

0221 Dr Ross Anderson MRCGP, MRCS(Ed). Doctor in General Practice and ENT in Cumbria. Active in expedition medicine and pre-hospital care. Medical advisor to expedition companies and media productions. General interests include fell running, trekking and ski touring. Email; docross@me.com . Website www.adventuremedicalconsulting.co.uk . Awarded 23/1/16

0222 Dr Jildou van der Kaaij Dutch and British trained anaesthetic consultant currently working in Basque country, Spain. Experience in pre hospital emergency care and expeditions to high altitude environments. Special interest in anaesthesia in developing countries and remote environments. E Mail: jmvanderkaaij@gmail.com . Awarded 20/8/16

0223 Mr Arif Gul. Consultant Orthopaedic Surgeon and General Mountaineer. Based in Essex. Email: arifgul99@gmail.com Awarded 12/9/2016.

0224 Dr Heather Mae Storey. Anaesthetic trainee. Previous experience in altitude, jungle and expedition medicine including jungle trips in Belize, hiking in Kenya and medical research in Nepal. Keen mountaineer and interested in further altitude research. Contact: heather.mae.storey@gmail.com . Awarded 12/9/16

0225 Dr Matthew Smith. Trainee in anaesthesia and intensive care medicine based in Manchester. Experience of high altitude expedition medicine and high altitude research. Interests in mountaineering, rock climbing and SCUBA diving in UK and abroad. Available for advice, training and expeditions. E mail: matt-smith@doctors.org.uk . Awarded 22/11/16

0226 Dr Richard Moss. GP partner, based in Portree on the Isle of Skye. Previous mountain rescue experience. Interests include in mountaineering, skiing, mountain biking. E mail: drmossy@doctors.net.uk . Awarded 27/12/16.

0227 Dr Helen Jefferies. BMedSci (Hons) BMBS MRCP PhD, CCT (Renal Medicine; General Internal Medicine). Experience in high altitude mountaineering and expeditions, work in pre-hospital medicine since 2008, and operational Mountain Rescue doctor. Keen interests in teaching, research and alpine mountaineering. Hjefferies@doctors.org.uk . Awarded 27/12/16

0228 Dr Samantha Boyce Currently ICU registrar, New Zealand North Island. Clinical experience in high altitude medicine. Interests include climbing, mountaineering and Kayaking. Available for advice, teaching, expeditions. Email: s.boyce@doctors.org.uk . Awarded 27/12/16

0229 Dr Peter Bradley, ACCS Anaesthetic trainee. High altitude expedition experience. Working in hyperbaric dive medicine. Work at sporting events. Interest in teaching and presentation. Contact: peetiebee@hotmail.com . Awarded 27/12/16

0230 Dr Neil Kennedy. FRCGP. Gp Aberdeen. Previous expedition experience in West Africa and Antarctica. Current Interest Ski touring. E Mail: neil.kennedy@doctors.org.uk . Awarded 27/12/16

0231 Mr Hernan Morillo. Dental Surgeon BDS (Wales). General Dental Practitioner based in Cambridge UK. Interests include diving, ski touring and mountaineering, E Mail: h.morillo@btinternet.com . Awarded 6/2/17

0232 Dr Sarah Major BSc (Hons) MBBCh D Phil. Outdoor enthusiast and qualified mountain leader. Anaesthetics/ICU fellow, currently working in retrieval medicine. Previous altitude, mountaineering, desert and jungle based expeditions. Search and Rescue experience with UK Mountain Rescue. Contact majorsarah@gmail.com . Awarded 6/2/17.

0233 Simon Ulyett Surgical trainee, based in the South West of England. Trainee member of Dartmoor Mountain Rescue Team. Interests include high-altitude and remote expeditions. Available for advice, teaching and expeditions. E Mail: simon.ulyett@gmail.com . Awarded 6/2/17

0234 Dr Jenny Beesley. Trainee in emergency medicine and working at Invercargill (Kew) Hospital, southland, New Zealand. Ex-military with interest in mountaineering, rock climbing, skiing/snowboarding, ski touring and travel worldwide. NZ & UK passports. Phone: #64 (0)211 451644. E mail: jenny.beesley@me.com . Skype: jennysps. Awarded 6/2/17.

0235 Dr Adrian Clifford. Retired Lake District GP. Mountaineer since 1979. Skier and Triathlete. Member of The Alpine Club. Lake District Mountain Rescue experience as a team member for six years. Still active in Alps and Scotland in winter. Awarded 22/2/17

0236 Dr Michael Gardner. Anaesthetic trainee. Keen rockclimber and mountaineer. Contact: mggardner@hotmail.com . Awarded 22/2/17.

0237 Dr Lizzie Irvine MB BS BSc FRCA, Anaesthetic doctor working in the UK. Special interests in remote and developing world medicine and physiology at extremes. Experience of working in India, Jordan and Israel. Practical interests in;

mountaineering, climbing, trekking, cycling, mountain biking and fell/trail running. Available for expedition or relief work. E Mail: lizzie.irvine@hotmail.co.uk . Awarded 22/2/17

0238 Dr Joanna Boyd BSc (Hons), MBChB, MRCP, MPhil. Based in Llanberis, North Wales. Currently working in anaesthetics in Bangor. Previous clinical experience as SpR and emergency medicine middle grade. Army reservist since 2009 and member of Llanberis Mountain Rescue Team since 2016. Teaching on paramedic and first aid courses. Keen mountaineer (rock, winter and alpine). Summer ML holder. Attended MIA and winter ML training. Experience throughout UK and Europe. E Mail: jkfboyd@gmail.com . Awarded 22/2/17

0239 Dr Tim Elvidge MBBCh. Based in South Wales. SHO A+E with a future likely in A+E/Anesthetics. Keen hillwalker, mountaineer, climber, skier, runner, mountain biker and cycle tourer. Interested and available for sporting events, expedition medicine events and expeditions. Contact: elvidge_tim@hotmail.com . Awarded 23/2/17

0240 Dr Suzi Mackenzie. GP and Speciality Doctor in accident and emergency. Edinburgh. E Mail: suzijmac@hotmail.com Awarded 23/2/17

0241 Dr Ian Blessley BMBS.MSc. Foundation year doctor in east Midlands. Derby Mountain Rescue Team member. Multiple high altitude expeditions and work for IPPG in Machermo and Gokyo. Led a number of overseas treks and worked as expedition medical officer for Heart of Borneo Project Murung Raya Expedition. Keen to pursue further expedition work. E Mail: ir_blessley@hotmail.com . Awarded 23/2/17.

0242 Dr Yan Wong. Rural GP in New Zealand, interested in general mountaineering, white water kayaking, mountain biking and anything in the outdoor. Experience in altitude medicine and medical care on kayak expeditions, in Nepal, Africa and South America. Speaks Chinese, some Spanish, and “Kiwi English”. Email: docyanwong@gmail.com . Awarded 27/5/17

0243 Dr Rebecca Egglestone FRCA. Anaesthetic trainee in Wessex. Interested in pre-hospital care, rock climbing and general mountaineering. E Mail dregglestone@gmail.com . Awarded 27/5/17

0244 Dr Will Bickerton. Gp trainee based in North Devon. Interests include ski touring climbing and surfing but mostly any adventure! E Mail: willbickerson@gmail.com . Awarded 31/5/17

0245 Dr Jamie Goodhart: Edinburgh based and has been the medical lead on a number of remote expeditions. Interests include general mountaineering, ski mountaineering, remote expeditions, high altitude climbing and research. Teaches

mountain and wilderness medicine. E mail: j.d.goodhart@gmail.com . Awarded 27/6/17.

0246 Dr Jim Moonie. London based emergency medicine doctor. Interests: Pre Hospital Care, expedition medicine and resource poor environments. Active climber and expedition medic. Most familiar with mountain environments but also worked in the Arctic, desert and jungle. Experience includes medical officer for Xtreme Everest 2013, ski field doctor in New Zealand, aeromedical retrieval doctor in Northern Territory Australia and ultra-marathon support. Available for advice, teaching and expedition work. E mail: jimnast99@yahoo.co.uk . Awarded 27/6/17

0247 Penelope Granger BDS MSc. General Dental Practitioner with extensive experience working in remote environments - Tristan da Cunha, the Antarctic, Northern Sweden, St Helena, rural India, Cape York. Currently based in Edinburgh. Have been involved with teaching and training doctors in "Expedition Dentistry" for 14 years. Remote clinical support and advice for doctors in the Antarctic through BASMU. Development of telemedicine support on Tristan da Cunha, service provision and staff training in conjunction with Dundee University. Variously skied, trekked, climbed and pic-nicked in the Alps, Himalaya, Patagonia, New Zealand and the Arctic. Available for lectures, teaching, advice and clinical opinion. Awarded 27/6/17

0248 Dr Emily Craven Anaesthetics Trainee with previous A&E experience. Expedition doctor for endurance cycle events in tropical conditions. General love of outdoors including, ski touring, biking, climbing and running. Personal experience of leading novices trekking in Europe, New Zealand and Nepal. Available for advice, education and expeditions. E Mail: ejc4848@hotmail.co.uk . Awarded 27/6/17

0249 Dr Richard Booker MBBS BMedSci MBBS MCEM MRCGP Dip IMC RCS Edin. Army General Practitioner and Pre Hospital Emergency Medicine doctor. Diving medical referee and medical officer for numerous diving expeditions. E Mail: rjbooker@doctors.org.uk. Awarded 27/6/17

0250 Dr Katie Sellens finishing GP training in hampshire in August 2017. Interests orienteering, hill walking, skiing and diving medicine. E Mail: katie.s.sellens@gmail.com . Awarded 27/6/17

0251 Dr Lindsay Merry. Emergency medicine trainee. Glasgow. Awarded 27/6/17

0252 Dr Alison Ellwood MBChb (hons) BSc MRCP Dip Mtn Med. Doctor with Royal Army medical Corps 2008-2013 now civilian with interest in respiratory and intensive care medicine. Doctor at IPPG Machermo, Nepal, Spring 2018. Previous work in Zanzibar and Bangladesh. Interest in rock climbing and mountaineering. Available for advice, expeditions, and lectures on high altitude and expedition medicine. E Mail: Alison.ellwood1@gmail.com. Awarded 24/8/17

0253 Dr Hazel Watchorn. Awarded 24/8/17

0254 Dr Mark Bailey MBChB. Medical SHO - NW England.

Interests: mountaineering, trekking, climbing, cycling. Have experience of, and keen to work in high altitude, jungle and remote environments. Available as expedition doctor, and for advice. Email: markbailey1@doctors.org.uk . Awarded 24/8/17

0255 Dr Tim Spruell. Emergency medicine SPR with interests in Prehospital care, general mountaineering and expedition medicine. Previously travelled widely in Africa and available as expedition doctor. Tel: 07917 763866. E Mail: timspruell@yahoo.co.uk . Awarded 24/8/17

0256 Dr Simon Guest. Military General Practitioner. Based in Wiltshire, UK. [siguest1@hotmail.com](mailto:sigest1@hotmail.com) Awarded 19/9/17.

0257 Dr Katherine Eirian Hawkins, Edinburgh based GP. Experience in rural and remote as well as deprived general practice. Interests: Summer and winter mountaineering and ski touring, trail running. Currently expeditions with toddlers. Most interested in expeditions to northern India, Nepal and Scotland. E Mail: katiehawkins@nhs.net . Awarded 19/9/17

0258 Dr Felicity Hughes. Emergency medicine trainee in the South West. Interested in expedition medicine with experience in remote environments as the medic on expeditions with a youth development focus. Keen climber with additional interests in mountaineering and cycling. E mail: felicityhughes@doctors.org . Awarded 19/9/17

0259 Dr Renee Farrar. Dual qualified as doctor and dentist. NZ and UK based. E mail: reneefarrar@doctors.org.uk . Awarded 19/9/17

0260 James Bridger, HCPC registered Paramedic in the South West, (when DiMM awarded), keen climber, mountaineer, skier, kayaker. Lead on various expeditions around the world. E mail: jfbridger3567@gmail.com . Awarded 19/9/17

0261 Dr Marieke van Vessem, MD, MSc. Based in the Netherlands. PhD candidate cardiology and cardiothoracic surgery. Member of NKBV (Dutch Climbing and Mountaineering Association) medical committee and UIAA medical committee. Interested in altitude research. Keen mountainbiker. Email m.e.vanvessem@gmail.com . Awarded 19/9/17

0262 Dr Abby Harper Anaesthetics Trainee from Bristol with experience in pre-hospital medicine, remote medicine and sporting events in the UK and overseas. Keen climber, mountaineer and general outdoor enthusiast. Available for expeditions and sporting events. Email dr.abbyharper@gmail.com . Mob (+44)07805229838 . Awarded 19/9/17

0263 Dr. Juan David Nilssen. Foundation Year Doctor in Copenhagen, Denmark. Raised in the Faroe Islands. Planning to train in Anaesthetics. Interested in pre-hospital care, rock climbing and general mountaineering.
Email: jdn112@gmail.com . Awarded 19/9/17

0264 Major Tom Woolley. Army Anaesthetist. Experienced in providing medical support to expeditions to high altitude and remote areas.
thomasgdwoolley@gmail.com . Awarded 19/9/17.

0265 Andrew Muirhead-Smith E Mail amuirheadsmith@gmail.com Awarded 19/9/17

0266 Catherine Williams. Awarded 21/10/17

0267 Rianne van der S

0268 Dr Tash Burley BScHons, MBChB, MRCA, PGDipAeroRT, DIMM. GP trainee in the Highlands. Experience in EM, Anaesthesia, Retrieval Medicine, Remote and Rural medicine, Ski field, Mountain, and Expedition medicine. Budding skimo racer, trail runner, and half iron girl. Happy to be contacted tel: 07950452914. Twitter: @skimightythings . Facebook: Tash Pirie-Burley. Awarded 16/10/17

0269 Dr Elen Evans based in Nottingham. E Mail: elenwyn@yahoo.co.uk . Awarded 16/10/17

0270 Dr Evgeny Mashkovskiy. Awarded 16/10/17

0271 Dr Paddy Morgan. South west based anaesthetist and pre-hospital practitioner. Leics teaching Faculty. Awarded 16/10/17

0272 Alexander E Bewick BM BS, B Medsci, MRCEM. Awarded 20.10.17

0273 Dr Matthew Spence Emergency medicine physician,
matthewcspence@gmail.com . Awarded 16/10/17

0274 Dr Ailisa Stott, GP in Edinburgh. Diploma of Tropical Medicine. Previous MSF work in Ehtiopia and Pakistan. Interests in altitude and expedition medicine, travel medicine and sports medicine. Outdoor enthusiast, skier, cyclist and diver. Available as an expedition medic and for advice and talks. E mail: ailsajstott@gmail.com . Awarded 16/10/17

0275 Emily Bebbington MA (Oxon) BMBCh, MRCEM. Enthusiastic rock climber with some high altitude experience. Particular interest in extreme sports, public health research and interventions. E Mail: ehbebbington@gmail.com . Awarded 16/10/17

0276 Dr. Marloes Bolman Consultant anaesthetist based in the Netherlands, at the Netherlands Cancer Institute in Amsterdam. Interested in ski touring, mountaineering, trekking, scuba diving, cycling. E-mail: mmhbolman@hotmail.com .
Awarded 16/10/17.

0277 Donatella Barbera, Consultant Surgeon. E Mail: dddona@yahoo.com .
Awarded 16/10/17

0278 Tim Kelly

0279 Dr Nics Wetherill BM DMCC, due to complete GP training in Feb 2019. Doctor in the British Army, with experience in remote medicine and expeditions including leading a military team across Antarctica. General interests are skiing, climbing and mountaineering. Please contact via nctwetherill@gmail.com . Awarded 16/10/17

0280 Dr Jo Organ, Registrar in Anaesthetics/intensive care medicine in North west London. Awarded 16/10/17

0281 Rebecca Heath BSc, MBChB, MRes, email: bexheath@hotmail.com , Phone +61423925901. Accident and Emergency Registrar based in Australia. Has worked in Himalayas, Papua New Guinea, Africa, Central desert of Australia and for Royal Flying Doctors Service. Based in Tasmania. Interests: Competitive road cycling , mountain biking, mountaineering, off-piste skiing and ski touring, general endurance events. Available for advice, teaching, expedition support. Awarded 16/10/17

0282 Dr Christian Harkensee, MD PhD MSc DLSHTM FRCPCH, consultant paediatric immunologist & infectious diseases, based in Newcastle upon Tyne. Active climber and mountaineer. Available for advice, teaching and expeditions. e-mail: c.harkensee@gmx.net . Awarded: 20/10/17

0823 Dr Roy Harris Acute Medicine and Intensive Care trainee based in Edinburgh. Keen climber and mountaineer. Interests in Pre-Hospital and Expedition Medicine. E-mail: royharris@doctors.org.uk . Awarded 20/10/17

0284 Dr Alex Kumar I have lived, worked and travelled through over 90 countries, worked on many expeditions, including 5+ visits and a year spent overwintering in Antarctica (as European Space Agency Research M.D.) and in the Arctic working in healthcare and research. I am a professional (expedition and global health) photographer with work published in NY Times, BBC News, The Guardian and National Geographic. I am experienced in public engagement where I have presented several television series for the Discovery Channel (Shackleton Epic & Everest Rescue) and am available for expedition medicine, research and consultancy work. For more information: www.alexanderkumar.com . Awarded 21/7/17

List updated 21/10/17